



girls in the know™
KNOWLEDGE IS POWER

INVITES YOU TO

Join her ON HER JOURNEY!

Connect with your pre-teen daughter while discussing life's most important topics!

“ THE SPEAKER SERIES HAS GIVEN US THE FRAMEWORK TO BEGIN SOME OF THOSE MORE DIFFICULT CONVERSATIONS THAT I KNOW ARE AHEAD OF US. ”
-MARY KAYE, GITK MOM GRADUATE

Register Now!

Space is limited to 20 pairs.
CLICK HERE TO REGISTER
OR GO TO GIRLSINTHEKNOW.ORG

Abraham Lincoln Elementary School

615 WEST KEMPER PLACE
CHICAGO, IL 60614

Wednesdays 6:00-7:00pm
1/6 • 1/13 • 1/20 • 1/27

VOLUNTEER!

Program Leader Volunteers (a motherdaughter pair) help promote, facilitate and lead while giving back to a great cause. Program Leader Volunteers attend at no charge once 20 pairs enroll.

For more information, or to volunteer, contact:
BETSY@GIRLSINTHEKNOW.ORG
or 847-461-9765

♥ WHO'S INVITED?

Mothers or caregivers and their daughters aged 9-13

♥ WHAT'S IT ABOUT?

THE GIRLS IN THE KNOW SPEAKER SERIES is an educational four-week speaker series led by licensed female professionals meeting weekly to teach healthy communication skills while strengthening the mother/caregiver-daughter bond and promoting self-esteem.

♥ EVENT DETAILS

PROGRAM FEE: \$125

Scholarships are available to all who desire to participate, regardless of financial status. To apply, contact INFO@GIRLSINTHEKNOW.ORG.

- WEEK 1 ▶ Empowering Your Pre-Teen Daughter
- WEEK 2 ▶ Promoting a Healthy Body Image
- WEEK 3 ▶ All About Safety:
Internet, Cell Phones, Home & Away
- WEEK 4 ▶ The Birds & The Bees:
What Pre-Teen Girls Should Know

GIRLS IN THE KNOW IS A 501C3 NON PROFIT ORGANIZATION WHOSE MISSION IS TO ESTABLISH A FOUNDATION FOR COMMUNICATION BETWEEN PRE-TEEN GIRLS AND THEIR CAREGIVERS AND EMPOWER THEM TO MAKE HEALTHY, INFORMED DECISIONS AS THEY MATURE INTO ADULTHOOD.